

## **CASE STUDY FRAMEWORK**

This is merely an example of how you might wish to present your case study and the items, which, if appropriate, could be included. The case study need not be a “successful” one.

### **About the client**

Age  
Gender  
Socio/Economic/Educational Standards  
Family Situation  
Appearance/Impression

### **Presenting problem/s**

What the client initially came for.

### **First interview/session**

Did the presenting problem change, were there other issues raised.  
How did the client respond to the initial interview, were they open/guarded/defensive etc?

### **Planned framework of therapy**

How you explained the therapy involved, the possible number of sessions and the possible content of the sessions.

How you explained confidentiality, costs etc.

### **Therapy**

How many sessions, the approximate content and results of the sessions (not necessarily by individual sessions unless there were specific ones which “stood out” within the therapy).

How the client responded to the therapy.

How many sessions they attended.

### **Results**

The result of the therapy, whether the client felt they had been helped, if you discharged them from your therapy and if so why. If they dropped out and if you know why this happened.

### **Conclusions and reflections**

Your conclusions and reflections on this case. Did anything occur that surprised you?

Would you have done anything differently in retrospect?

Did this case broaden your knowledge and/or understanding?

Can you think of an alternative way you could have dealt with this problem?