

THE HYPNOTHERAPY ASSOCIATION

Incorporating the UK Hypnotherapy Register

Telephone: (01257) 262124
Email: b.h.a@btconnect.com
Website: www.thehypnotherapyassociation.co.uk



Association National Office
14 Crown Street
CHORLEY
Lancashire
PR7 1DX

Criteria for approval of Hypnotherapy Training Schools

Minimum Standards should include:

- Basic Knowledge of psychology
- Basic Knowledge of background to psychotherapy
- Basic history of hypnosis
- 12 inductions
- 12 techniques/ interventions
- Understanding of personality types
- Know when NOT to treat clients
- Understand contra-indications of treatment
- Understand abreaction
- The Children's Act
- Understanding and applying confidentiality, and the exceptions to confidentiality
- Minimum of 120 face to face lecture hours in a classroom environment (excluding video links)
- Minimum of 350 hours of home study/assignments
- Senior Trainer should have a minimum of 5 years working experience as a therapist
- Trainees must be assessed by a qualified trainer other than the trainer who has trained them, to comply with CNHC criteria
- Commitment to Supervision and CPD
- Training must meet or exceed the National Occupational Standards as currently accepted by CNHC
- Training will of course meet the published core curriculum for hypnotherapy

Representing Hypnotherapists in Practice

Formerly BHA Hypnotherapy Association, Registered Office: 14 Crown St, Chorley, PR7 1DX
Incorporated in England & Wales, No 3462687, limited by guarantee and controlled by its members